



San Bernardino County Women's Network

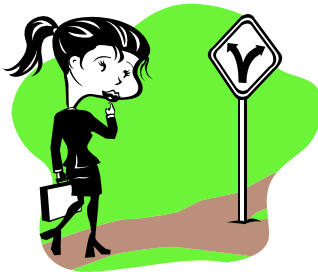
April 2003 Meeting

The Turning Point!

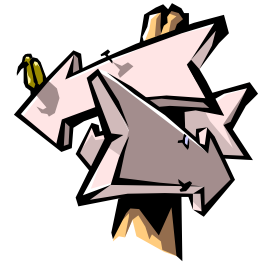
Presented by Judy Ames

Wednesday, April 16, 2003

11:30 a.m. to 1 p.m.



**Special guest CAO John F. Michaelson
to share some farewell thoughts**



The Meadows Banquet and Conference Center
225 North Del Rosa Drive, San Bernardino

Located at the old Norton AFB on the southeast corner of
Third Street and North Del Rosa Drive

Are there directions you keep following...or not following—that you wish you could change? Does your life sometimes feel out of control—like a runaway train?

Learn how to pull the brakes and break the pattern! Judy Ames will share ways to put yourself back in the driver's seat with panoramic life stories and insights she gathered en route, which will help you map out new tracks.

Steering you through the five Turning Point Tools, she fires up the engines so you can reach your own Express destination. Judy will help you steam right through your excuses and fear of change in your very own motivational locomotive and arrive at your station on time! If you need to switch tracks along the way, Judy will show you how to blow the whistle and flash the signal light at the crossroads.



Become the conductor of your own train and take the throttle full speed ahead when you reach
The Turning Point!

RSVPs

Attendance: Please **RSVP by Thursday, April 10, 2003**, in order to guarantee enough seating and refreshments everyone. To register for this meeting, please use the following link to our new electronic registration site: http://countyline/countywomensnetwork/_registration/default.asp

For those of you without County Intranet access, you may RSVP by e-mail to darmstead@ecd.sbcounty.gov. For those without e-mail, call Dolores Armstead at (909) 388-0831.

Lunch: You may bring your own lunch or reserve one of the following lunches by sending a check for \$5.50 made payable to CWN to Dolores Armstead, Economic and Community Development, 290 North "D" Street, Sixth Floor, San Bernardino, CA 92415-0040 (Interoffice Mail: ECD #0040).

Option A: Hero Sandwich with chips

Option B: Vegetarian Sandwich with fruit cup

Your lunch reservation, with the lunch selection and the accompanying payment, must be received **no later than Thursday, April 10, 2003**. Please note that your RSVP is not confirmed until your payment is received.

Guests are Welcome!

(\$5 attendance fee)